

Amherst Youth Town Council

October 2018

The Amherst Youth Town Council (AYTC) had two meetings, one on September 27th and one on October 11th.

On the 27th, we elected our executive committee. We elected Rohin Minocha-McKenney as Jr. Mayor, Mason Carter as Deputy Jr. Mayor, Olivia Pulsifer as Secretary, Grace Doncaster as Treasurer and Dan Osborn as our Public Relations Representative.

At this meeting we also agreed to apply to the Community Health Board Wellness Grant and an application was sent in.

At both of these meetings we discussed what goals we have for this year which include: addressing issues that were brought up from our survey last year, youth alcohol consumption as well as better understanding the needs of youth in Amherst. To start the year off we plan to host a mental health week in Amherst during the week of the 25th to 30th of January. The details of this event are still in planning but we will be involving therapy dogs, speakers and information sessions. As well during this week we are planning on inviting Engage Nova Scotia to one of the speakers' presentations to conduct a survey. We are also planning on making recommendations to Council within the next month on possible changes to the Smoke Free Recreational Places By-Law (by-law C-12) in regards to sidewalks and a revision of the definition of smoking in the by-law.

Finally, within the next two to three months, we will be taking action on introducing a new policy regarding the consumption of alcohol at town events while youth are present, we will be doing more research on this before any recommendations are made for a policy or even if a new policy is needed.