# **Monthly Report**

# Police Department May-2019

#### This report covers the month of April 2019

# PROFESSIONAL DEVELOPMENT/TRAINING

Coaching for Police Leaders – Henson College: Constable Aaron Graham attended the 'Coaching for Police Leaders' course offered by Henson College through Dalhousie University from April 12 to 14. This course covers various aspects of coaching, goal setting, motivation and performance planning. The three-day course also includes a major project over the following months in which each candidate must work with a co-worker in identifying a coaching opportunity & develop and utilize a performance plan to address the need. As this is Cst Graham's third 'Police Supervision' course through Henson, he will be awarded his 'Advanced Police Leadership' certificate

**Road to Mental Readiness (R2MR):** On April 18<sup>th</sup>, the leadership Team, which is comprised of police supervisors, attended a presentation on R2MR. R2MR is a program designed by the Canadian Military and adapted by Policing to educate members and staff on stress injuries and the Mental Health Continuum. This particular booster focused on resilience building techniques and preparation for stressful situations, reviewing the use of the 'Big 4' in building resilience amongst our members and staff.

Sig Sauer Classic Line Armorers Course – Constable Jeff Walsh attended the Armorers course in Fredericton on April 24 & April 25, 2019. This course covers the use, maintenance and repair for the P226 Line of Sig Sauer pistols. Constable Walsh has been appointed as the Use of Force Officer, along with Cst Chris Job, and will be responsible for training and maintenance of Use of Force equipment.

**First Responder's Mental Health Seminar**: Several members and staff of the department attended the "First Responder Mental Health Seminar' at the Amherst Fire Hall on April 27<sup>th</sup>. This seminar, which was sponsored by the Fire and Police Departments included speakers such as Mark Long, Janice Landry, Lisa Rouse, Wendy Rafuse and other mental health advocates. Many of the speakers spoke about their struggles and experience with work-related stress injuries and stressed the importance of eliminating stigma, breaking down barriers to care and the resources available for first responders.

## **OPERATIONAL**

**Itunes/Email Scam**: On April 12<sup>th</sup>, Police received several complaints concerning an itunes/email scam that was circulating. Complainants reported that they received emails from individuals purporting to be politicians/well known persons in the community. The scam attempts to defraud targets by pretending to be a trustworthy source and asking that they purchase itunes cards and provide the numbers. These can be sold online. In this case, the messages originated from a gmail account.

First Responders Appreciation Week: Members and staff of the Amherst Police Department participated in activities during 'First Responders Appreciation Week' which included a flag raising and the Mayor's reading of a proclamation, an open house at the

Amherst Fire Hall, a First Responders Breakfast at the Lion's Club and a First Responders Parade and Church Service on Sunday April 14th. Each First Responder was also presented with a Commemorative Coin marking the occasion and show thanks from the Town Council and the community for the service they provide.

PEC/CISNS Meetings: On April 29th and 30th, Chief Pike and Acting D/Chief Tim Hunter attended meetings in Halifax/Dartmouth for the Provincial Executive Committee and CISNS which included a review and discussion of the Provincial Threat Assessment, CISNS operations update, and CISNS Analyst reports, including target selection of Crime Groups to focus on.

## CRIME PREVENTION/SCHOOL RESOURCE

On April 10th, Cst Wood, assisted VON in preparing a safety plan for their workplace.

On April 11th, Cst Wood, Acting Deputy Chief Hunter and Chief Pike attended the Firehall for the First Responders Appreciation Open House, showing the public some of the equipment utilized by the Amherst Police Department and answering questions about policing in Amherst.

On April 23, Cst Wood, attended a CAST (Communities Addressing Suicide Together) annual general meeting. Constable Wood sits on the board as a director of this committee.

Constable Wood and Cst Harrison had two ride-alongs on April 25th and April 29th. This was for 2 high school students who were interested in Policing Careers.

Constable Harrison organized various presentations for local elementary school with Cyber Scan, which included an evening with parents for an information session on Cyber Scan and internet Safety.

On April 26th, both Cst Wood and Cst Harrison attended Oxford Frozen Foods Farm Safety Day, which was host to close to 400 Cumberland County grade 4 students. Officers showcased the 'Fatal Vision' goggles and discussed the dangers of drug use. April 26th

On April 29th, Cst Wood hosted a Sparks group for a tour of the police department.

Throughout the month, both Cst Wood and Cst Harrison continued to plan for Police Week 2019, which took place May 14th at the Amherst Centre Mall.

#### **FOCUSED ENFORCEMENT:**

Foot Patrol Hours: 78h 50m

April's focused enforcement initiative was on 'Speeding'. Members dedicated close to 42 hours to this initiative over the month, resulting in 11 tickets, 33 warnings and 1 ticket for other reasons. In May, Police will start focusing on the 'Heads' up, Helmets on' initiative.

#### **OPERATIONAL STATS - February 2019**

Occurrences: 437 Criminal Code Charges: 42 Impaired by Alcohol: 2 CDSA: 4

Impaired by Drug: 1 Traffic Written Warnings: 76 Traffic Tickets: 52 LCA: 2

Vehicle Checks: 209 Bike Patrol Hours: 0